

Dr. Nancy Stechler
Clinical Psychologist

Financial Agreement and Disclosures

Dr. Nancy Stechler, in compliance with national standards of ethics, is required to disclose all billing and financial matters regarding psychotherapy services. I am further required to have financial matters reviewed on a regular basis. As a client of Dr. Nancy Stechler you understand:

1. The usual and customary rate for providing direct face-to-face psychotherapy services is:
 - Initial Office Visit (60 minutes) \$195
 - Psychotherapy (50 minutes) \$140
 - Family/Couples Therapy (50 minutes) \$175
2. You will be billed \$85 for not giving a minimum of 24 hours notification of cancellation. This outstanding balance must be paid prior to additional psychotherapy services being delivered.
3. Your copayment/payment toward deductible is due at the beginning of each session.
4. The returned check fee is \$30.
5. I also charge for our time when you require written correspondence. This is billed according to the amount of time utilized with a minimum fee of \$20. This would include correspondence such as letters to other practitioners, disability applications, report writing etc. Insurance will not pay for correspondence. I do not charge for customary insurance filing. Telephone/email consultations are also billed at regular rates. The first 5 minutes I consider a professional courtesy to our relationship; thereafter, the time is billed at regular rates to the nearest quarter hour.
6. We will periodically review the financial status of your account to address questions or concerns you may have regarding reimbursement issues involving third-party payers and balances due to Dr. Nancy Stechler.
7. If your insurance changes in any way, it is your responsibility to notify me of these changes. Any fees for services that are not paid through your insurance company due to incorrect insurance billing information are your responsibility

Please discuss any questions or concerns you may have regarding the financial arrangements concerning your psychotherapy services. I hope I have clarified some of the more common questions I receive about your financial arrangements with our insurance companies and HMOs.